

John Smithson Unit 1 Glenwood Silvermine Drive Norwalk, CT 6850

09/23/2021

Dear John Smithson,

Thank you for choosing to take the LetsGetChecked at-home health test provided by SuperWellHealth. We have processed your sample, and these are your test results.

## Your HbA1c test result has been returned as 8% on 09/23/2021.

This test is important because it helps you and your health care provider monitor your blood sugar levels over the past two to three months. When you have a diagnosis of diabetes, your target blood sugar level will depend on many things, such as your age and other medical conditions.

We encourage you to contact your provider to discuss these results. A common target level for people with diabetes is 7% or less, however, your provider can advise what target level is best for you. Remember, HbA1c testing doesn't replace regular blood sugar testing at home.

Please share these results with your primary care physician. If you have any questions about your test, please call LetsGetChecked at 1 888 256 678 8am – 8pm ET, Monday to Friday, and we can discuss this result with you and provide advice on your next steps.

We are here to help and support you.



Sincerely,

Robert Mordkin, MD Chief Medical Officer LetsGetChecked